



Stop complaining
and **START**
SAVING, says
our expert ...



You're probably not shocked to hear 75 per cent of Aussies worry about how they're going to pay their bills.

According to Ben Paris, debt consultant at Debt Mediators Australia, Gen Y is earning more than any generation before us – and spending more.

While many women are cash rich, they're often time poor. "When it's so easy to have the car, clothes, shoes, drinks and dinner, it's hard to say no. You can spend thousands of dollars a year on expensive substitutes as opposed to just 'doing it yourself,'" he says. "This makes it much harder to dig yourself out." Here, we help you get there in simple steps:



“Help!
I’m drowning
in DEBT!”